

AIRMAN & FAMILY READINESS CENTER (A&FRC)

220 Lukasik Avenue, Hurlburt Field F 32547, Building 90517 Phone: 884-5441 FAX: 884-2600

Hours: Mon – Fri (0730-1630)

The primary focus of the Airman and Family Readiness Center (A&FRC) is to support readiness by helping families and single military members adapt to the demands of the Air Force life and to assist commanders in responding to identified concerns and issues. The center designs, develops and conducts quality of life programs according to base and community needs and capabilities.

The A&FRC is chartered as a primary prevention agency and functions to ensure resources required to support the entire base (to provide programs and services to all DoD employees and their families enhancing their welfare and the well-being of the community) are available and accessible.

To accomplish its mission, the A&FRC serves as the focal point for family matters and is professionally staffed by Community Readiness Consultants assigned to each unit to provide four core functions which include:

- Provide a central point of information, referral and follow-up
- Coordinate and consult with other base and civilian service provider agencies to strengthen policy and programs benefiting the military community
- Assist leaders to ensure they effectively meet family needs at the unit level
- To conduct family life education and skills.

A&FRC PROGRAMS AND SERVICES



Air Force Aid Society: A non-profit organization that helps with financial needs in emergency situations. Other special programs available through the AFAS are Give Parents a Break, Volunteer Childcare, General Henry H. Arnold Education Grant, Car Care Because We Care, Child Care for PCS Program, and Bundles for Babies Program.

Employment Assistance Program: If you or a family member plan to enter the job market or want to start planning for a career, this program will help you. Workshops, individual assistance, and computers are available to teach you how to write résumés, dress for success, interview effectively, seek federal and state employment, network, and penetrate the hidden job market. Also, in partnership with JobsPlus One Stop Career Center an Employment Orientation is offered every Tuesday with detailed information about the local labor market and all services available to job seekers.





Information and Referral (I & R): A one-stop information center on services provided at Hurlburt Field and Eglin AF Base, agencies in the Fort Walton Beach community, Okaloosa and Santa Rosa Counties. If we don't have the answer, we will refer you to someone who does!

Family Life Education (FLE): Skill building programs that focus on milestones throughout one's life span. Personal growth and relationship issues such as boundaries, marriage, parenting, and eldercare are a few of the topics addressed. Single Parents and Moms & Tots groups meet regularly at the Airman & Family Readiness Center. Commando Heart Link is offered to increase spouse awareness of the Air Force mission, traditions, protocol and supporting agencies.

Transition Assistance Program (TAP): Provides information, education and referral to active duty members and their families separating or retiring from military service. Mandatory preseparation briefings are given on Tuesdays & Thursdays at 0800 hours. A 3-day TAP Seminar covering topics such as job search skills, interviewing techniques, state employment, and other



transitioning information is available regularly. A Veteran's Briefing is available once a month. Resume Workshops are conducted regular basis. A Mapping Your Career class is held monthly for those members retiring/separating that require career planning assistance. Medical Records Reviews are available to members separating or retiring to assist in applying for VA disability. An Employment Resource Room is available for resume typing, Internet access (job research areas), and one-on-one assistance.



Personal and Family Readiness Program: (Heart's Apart) Deployments are a way of life in today's military. The stress associated with deployment can be reduced by being prepared for periodic absences. The Readiness Program provides information and resources to assist members and their families to be as prepared as possible for deployments, remote assignments and for natural disasters. Families can stay connected with the Hearts Apart Morale Program offering free telephone calls, emails and video teleconferencing. Personal/Family Readiness classes are offered.

Volunteer Resource Program (VRP): Participate in our community. Explore areas of interest or new career fields and open doors into new relationships by volunteering. Volunteer opportunities available for anyone who wishes to acquire new skills or polish old ones. For those persons who have young children, the VRP will reimburse child care costs while the person volunteers on base. If looking for professional job experience,

volunteering will give you the opportunity to document your hours and work experience for inclusion on your next job application or resume.



Relocation Assistance Program (RAP): Offers *i*nformation and assistance to minimize the physical and emotional impact of relocating. Plan My Move and Military Installations are a computer network system that provides specific up-to-date information on military installations worldwide. Individual consultations are available to help plan for the upcoming PCS.

A Resource Room is available with Internet access (WiFi internet access point) to research information on a new location or to maintain communication with friends and family while in transit. Information and certificates of eligibility are provided for the Air Force Aid Child Care for PCS Program. FLOW (Florida Licensing on Wheels) every Thursday (0800 – 1600) to help you with renewal or issuing a new driver's license. All programs are open to military, DoD civilians and their families. Also, a spouse orientation is conducted once a month to help spouses obtain information about the military and civilian community and all the services that are available to them.

Personal Financial Management Program (PFMP): Offers consumer information, education and counseling on finances. Counselors may analyze your financial situation, pinpoint problem areas and formulate a budget and payoff schedule for debts. Financial counseling focuses on preventing or resolving problems by helping people find ways to bring their income and expenses into balance. In addition, Investor University on Base (IUB) provides people with the tools to help make sound financial decisions and educate them on investing throughout their lifetime.

For additional information on programs and services please e-mail us at 1somss.dpf.dl@hurlburt.af.mil or to preview current events click here.